

Immediately After Your Filler Injection, You May Notice Few of the Following:

- Swelling
- Bruising
- Red needle puncture marks
- Asymmetry
- Tenderness
- Itching in the area

These issues above are common with dermal filler aftercare, and should resolve over the next few days to weeks. Your final result will be seen in about 4 weeks after treatment, and you can be reviewed to see if further treatments are required to achieve planned results.

Aftercare:

- Do not touch your face for 6 hours. After this, you may clean your skin with water and a gentle cleanser.
- Do not expose the area to intense heat (e.g. solarium or sauna).
- Avoid pressure on the treated areas for the first few nights (i.e. sleep on back if possible)
- Avoid strenuous exercise for 24 hours.
- Avoid alcohol and smoking for 24 hours.
- Do not use AHA, Retinols/Vitamin C therapy or oil based make-up for 24 hours.
- Avoid facials, facial waxing, Glycolic or AHA peels, IPL or energy based treatments, and microdermabrasion for 2 weeks after treatment.



McLean office phone: 703-893-1114

Other common procedures offered:

Acne scarring • Pearly Penile Papules • Mole Removal • Tattoo Removal • Laser Hair Removal • Laser Resurfacing • Laser for Brown Spots and Red Spots • Vaginal Rejuvenation/Tightening • Intimate Lightening • Skin Tightening • Chemical Peels • Sclerotherapy • Fillers • Botox • Kybella

Revised 05/2025