

Psoriasis

Psoriasis is an inflammatory skin condition that occurs when there is a rapid overgrowth of skin cells. Abnormal lymphocytes from the blood triggers this rapid proliferation of skin cells. The excess skin cells pile up on the surface of the skin forming lesions. Nearly 2% of the population suffers from this disease. Psoriasis affects men and women of all ages, but it is usually most common in the 20's and again in the 50's.

How do I know if it is psoriasis?

The affected skin will appear elevated, plaque-like with thick silvery-white scales. It may or may not itch. Although it can appear anywhere on the body, psoriasis is most commonly detected on the elbows, knees and scalp. Some sufferers have even had cases on the genitals and nails. In most instances, the problem is focused on one spot of the body. However, it can also be seen throughout the body.

What causes psoriasis?

Psoriasis is a heredity disease. However, it can also be triggered by certain medications. Smoking and alcohol can further aggravate the condition making it difficult to treat.

Is psoriasis contagious?

Psoriasis is not contagious. Contrary to popular belief, it is not an infection and cannot be transmitted through contact. You do not need to worry about spreading psoriasis to other people through contact or indirect contact such as clothing.

Can psoriasis be cured?

At this time, there is no cure for psoriasis. However, there are a number of different ways to control and manage this skin disease. In fact, there are several ways to treat psoriasis so that the skin does not undergo an inflammatory reaction and the psoriasis is well managed.

What are my treatment options?

When you work with our dermatologists, you can explore various effective treatment options. An examination will help determine which options may be best for you based on several factors. Much of this has to do with the location of your outbreaks and the severity. Your age, medical history and reactions or allergies to certain medications or topical solutions will also play a role in deciding what you should use for treatment.

Treatment options include phototherapy, topical solutions, orally administered medications, self-administered injections or a combination of treatments.

Will I feel better about the way I look?

Most patients who seek treatment for psoriasis do feel better about their physical appearance. Although there is no cure for this skin disease, some treatments can help reduce inflammation or cause a long period of remission for psoriasis spells. Being able to go through your daily routine without being self-conscious about your skin can have a huge impact on how you look and feel.

It can be embarrassing and unpleasant to deal with psoriasis. However, you have options. Contact our dermatologists to get treatment today.

About Skin & Laser Surgery Center

Under the direction of Dr. Amir A. Bajoghli, Skin & Laser Surgery Center PC specializes in Laser & Dermatologic Surgery as well as Mohs Micrographic Surgery. Skin & Laser Surgery Center treats patients for all skin care concerns, including skin cancer surgery, cosmetic dermatology, sclerotherapy, laser peels, laser hair removal, hyperhidrosis, rosacea, and acne treatments.

Our Office Locations

Skin & Laser Surgery Center provides a full range of services at our four facilities located throughout the Greater Washington area.

Tysons Corner, VA

8130 Boone Blvd.
Suite 340
Vienna, VA 22182
(703) 893-1114

Stafford, VA

(800) 264-2653
125 Hospital Center Blvd.
Suite 105
Stafford, VA 22554

Woodbridge, VA

2200 Opitz Blvd.
Suite 245
Woodbridge, VA 22191
(703) 492-4140

Washington, DC

1120 19th N.W.
Suite 250
Washington, DC 20036
(202) 955-6995
MOHS Only

Contact Us

Do you have a question about The Skin & Laser Surgery Center or our services? Please feel free to contact us at (703) 893-1114 or use one of the following links below.

Appointment Requests

Phone - (703) 893-1114

Web - <http://bderm.com/patients/appointment/>

Customer Feedback

Phone - (703) 893-1114

Web - <http://bderm.com/contact/feedback/>

Billing Questions

Phone - (703) 492-4140 x126

Email - billingderm@gmail.com